

* Please take two to give one to a friend

MAKE 28 TASTE GREAT! COMPETITION

28% of your waste in Merseyside and Halton is food!

SAVE UP TO £50 A MONTH

by using leftovers more effectively and shopping more smartly.

We are looking for smart ways to use likely leftovers in your recipe which are healthy hearty meals, using ingredients easily at hand.

COOK WITH MERSEYSIDE CELEBRITY CHEF BRIAN MELLOR



Your **recipe** could be one of 12 winning recipes chosen. You **cook for someone special** with help from TV Chef, Brian Mellor!

6 NEW Recipe Cards, one of them could feature your signature recipe.

Other great prizes too!



T: 08456 120188 (local rate)

 @Make28TasteGr8

www.make28tastegreat.co.uk

Merseyside Recycling & Waste Authority want you to waste less and save more. Find out how by entering this competition to create great recipes for us all to share and save. It might be a recipe passed down by your Mum or something you've invented with the contents of your fridge and store cupboard one night! We need your help to reduce waste and save money!

There are three categories to enter: Starters, Main Course and Puddings/Drinks for two age groups (11-17 and 18+). One sheet of A4 paper is all it takes, with your recipe name (something related to Merseyside/Halton), the ingredients, how to make it and perhaps a photo of 'your winning dish'. Send it to us, together with the completed entry form below. Don't forget the **Deadline: August 6th 2013.**

Name: Phone:

Address:

Postcode: Email:

Age: 11-17 ☐ 18+ ☐ Recipe course: Starter ☐ Main Course ☐ Pudding/Drink ☐
(please tick) (please tick)

Please tell us why your recipe should win and how you think it can help reduce food waste?
(in around 50 words)

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.....

Tie Breaker - If you were to cook for someone special in Merseyside/Halton, who would you like it to be & why? (in around 20 words)

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Please let us know where you received this leaflet?

Enter online at www.make28tastegreat.co.uk or send your completed entry to:

Make28TasteGreat Competition. Marketing PProjects, Projects House, Skips Lane, Christleton, Chester CH3 7BE

TV Chef Brian Mellor was born in Widnes and has worked as Head Chef for the BBC and at ITV. He has prepared dishes for many celebrities, royalty and politicians. Brian has been chair of judges in the North West Young Chef Competition for the last 11 years and is a 'Merseyside Food Hero' too.



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Please Note:

You need to be a Merseyside or Halton resident to enter.

Entries will be shortlisted to two winners for each of the three categories and shortlisted entries will be contacted between August 7th and 11th by phone and email to attend the cook-off.

Shortlisted entrants need to be available for two hours on Wednesday, August 14th or if not, Monday, August 19th where they will be cooking their dish with Brian Mellor at The Academy, Liverpool Community College.

A full copy of the competition's judging criteria, terms and conditions may be seen on the web site www.make28tastegreat.co.uk or is available by ringing 08456 120188 or writing to The Waste Strategy Manager,

Merseyside Recycling & Waste Authority, 7th Floor, No1 Mann Island, Liverpool L3 1BP.

Marketing PProjects (MP) is delivering this project on behalf of Merseyside Recycling and Waste Authority (MRWA). As such the information you provide may be shared by MP with MRWA as part of the administration of the competition and for future information distribution, contact and marketing. The information will not be disclosed to any other external organisation and it will be processed securely and in full accordance with the UK Data Protection Act 1998 at all times.